



## Legislative Day

Tuesday, February 13, 2018

Embassy Suites, 101 E. Locust, Des Moines, IA

### Learning Objectives:

1. Discuss the current state of mental health services in Iowa.
2. Discuss strategies to protect and enhance access to mental health treatment and services.
3. Verbalize two reasons why it is important for nurses to understand and become involved in public policy.
4. Develop basic skills to critically analyze the content of legislative bills that impact mental health services in Iowa.
5. Identify and develop effective communication strategies to succinctly share your support/opposition of a bill with legislators

8:30 a.m. Registration

8:55 a.m. Welcome from INA Leadership

Jan Ricklefs, PhD, RN, CNE, INA President  
Carol Chesterman, MSN, RN, Chair, Public Policy Committee  
INA Public Policy Committee  
Bob Mulqueen & Jim Obradovich, INA Lobbyists, The Capitol Group  
Recognition of IANS Leadership and IANS President

9:00 a.m. How to Critically Read a Bill

Sharon Guthrie, PhD, ARNP, CPNP, NCSN, RN-BC, MSN Program Director/Assistant Professor, Mount Mercy University

9:30 a.m. The Mental Health Crisis in Iowa

Kathie Obradovich, Political Columnist, *The Des Moines Register*

10:00 a.m. Panel Reflection

Sue Whitty, RN, MA, ARNP, Therapist, Hillcrest Mental Health Center  
Becky Devine, DNP, ARNP, PMHNP-BC, Psychiatric Nurse Practitioner, Integrated Telehealth Partners  
Colleen Brems, RN, MN, ARNP, PMHCNS-BC, Advanced Practice Provider Adult Psychiatry/Behavioral Health, University of Iowa Hospitals and Clinics

10:30 a.m. Break

10:45 a.m. 2018 Legislation of Interest to Nursing

Carol Chesterman, MSN, RN, Chair, Public Policy Committee, Assistant Professor, University of Dubuque  
Bob Mulqueen, INA Lobbyist, The Capitol Group

11:00 a.m. How to Communicate With Your Legislator

An interactive process to communicate concisely with legislators  
Members of the Public Policy Committee will guide your learning experience

11:45 a.m. Navigating the Capitol: Wrap-up and Instructions

Mary Kovarna, EdD, RN, Professor/ Chair Morningside College/Nylen School of Nursing

12:00 p.m. Lunch

1-3 p.m. MEET IOWA LEGISLATORS

Continuing Education: 2.5 Contact Hours. The IOWA NURSES FOUNDATION, Provider #25  
Approved by the Iowa Board of Nursing